

110 E. Butler Road
Unit J
Mauldin, Sc 29662

864-377-4838

info@southernelementlabs.com



**Southern
Element
Labs**

Customer: Self Evolve	Customer Address: 1225 Country Club Indianapolis, IN 46234
Product Name: Magnesium Glycinate	
Lot Number: MG-1080	
Sample ID: 250615	Testing Date(s): 10/30/25 – 11/01/25
Dosage Form: Capsule	Report Date: 12/02/2025
Serving Size: 4 Capsules	Average Net Fill: 762 mg

CERTIFICATE OF ANALYSIS

Chemical Analysis	Method	Specifications	Result	Units
Magnesium (as Magnesium Glycinate)	VBI	480	484	mg

Microbial Analysis	Method	Specifications	Result	Units
Total Aerobic Vial Count	USP <61> or equivalent	<100,000	<100,000	cfu/g
Total Yeast & Mold	USP <61> or equivalent	< 10,000	<10,000	cfu/g
Coliforms	USP <61> or equivalent	<100	<100	cfu/g
E. coli	USP <62> or equivalent	Absent in 10g	None Detected	cfu/g
Salmonella sp.	USP <62> or equivalent	Absent in 10g	None Detected	cfu/g
S. aureus	USP <62> or equivalent	Absent in 10g	None Detected	cfu/g

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Report By: Chad Hinson
Chad Hinson (Jan 22, 2026 14:30:14 EST)

Date: Jan 22, 2026

Chad Hinson
Laboratory Director

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