

110 E. Butler Road
Unit J
Mauldin, SC 29662

864-377-4838
info@southernelementlabs.com



Customer: Self Evolve	Lot Number: MG-1015
Product Name: Magnesium Glycinate	Sample ID: 250443
Dosage Form: Capsule	Average Net Fill: 966.8 mg
Serving Size: 4 Capsules	Testing Date (s): 07/24/25, 07/25/25

CERTIFICATE OF ANALYSIS

Active Ingredients	Method	Specification	Result	Units
Magnesium (as Magnesium Glycinate)	ICP	480	484	mg

Microbiological	Method	Specification	Result	Units
Total Aerobic Plate Count	USP <61> or Equivalent	<100,000	<100,000	cfu/g
Total Yeast & Mold Count	USP <61> or Equivalent	<10,000	<10,000	cfu/g
Coliforms	USP <61> or Equivalent	<100	<100	cfu/g
E. coli	USP <62> or Equivalent	Absent	Absent	cfu/g
Salmonella	USP <62> or Equivalent	Absent	Absent	cfu/g
S. aureus	USP <62> or Equivalent	Absent	Absent	cfu/g

Report By: Chad Hinson
Chad Hinson (Aug 18, 2025 19:10:20 EDT)

Date: Aug 18, 2025

Chad Hinson
Laboratory Director

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